

Concord JO Surveys

Question #1: Do you like the new single age format for Prelims and Finals?

| | | | |
|------------|--------|-------|--------------|
| Swimmers: | 48 Yes | 9 No | 2 No Opinion |
| Coaches: | 24 Yes | 5 No | 2 No Opinion |
| Officials: | 8 Yes | 4 No | 1 No Opinion |
| Parents: | 38 Yes | 10 No | 4 No Opinion |

Question #2: Do you think having preliminaries sessions about 4 hours is beneficial to the swimmers?

| | | | |
|------------|--------|------|---------------|
| Swimmers: | 34 Yes | 9 No | 16 No Opinion |
| Coaches: | 22 Yes | 7 No | 2 No Opinion |
| Officials: | 10 Yes | 0 No | 0 No Opinion |
| Parents: | 40 Yes | 6 No | 5 No Opinion |

Question #3: Do you like having relays during the Finals session?

| | | | |
|------------|--------|-------|---------------|
| Swimmers: | 26 Yes | 14 No | 19 No Opinion |
| Coaches: | 21 Yes | 4 No | 6 No Opinion |
| Officials: | 6 Yes | 3 No | 2 No Opinion |
| Parents: | 27 Yes | 9 No | 15 No Opinion |

***Question #4: Do you believe that pacing for swimmers
was improved by having 3 full days for the meet?***

| | | | |
|-------------------|---------------|-------------|----------------------|
| Swimmers: | 37 Yes | 9 No | 12 No Opinion |
| Coaches: | 28 Yes | 3 No | 1 No Opinion |
| Officials: | 6 Yes | 3 No | 1 No Opinion |
| Parents: | 40 Yes | 7 No | 4 No Opinion |

Swimmers' Surveys

Question #1: Do you like the new single age format for Prelims and Finals?

48 Yes

9 No

2 No Opinion

- More people get to swim
- Yes, I love it! (because I'm 11)
- Yes, as you have a chance for a more fair race.
- I am able to make finals
- It makes the amount of competition smaller.
- You get to race people your age
- It gives people a higher chance to final for the people that don't final often.
- You get to race people your age
- I liked it, but it was confusing at first
- It's good for 11 but not 12 and 13 but not 14
- It gave me more opportunity to compete and final against swimmers my speed
- It was easier to qualify, and the heats are more even.
- It is more fair to some swimmers, such as 11 year olds
- It makes it so you can compete with swimmers your age
- More fair!
- It can give the swimmers more rest, but can be too long
- Goes by faster and more fair
- More people get the chance to swim again :)
- More chances to final
- Because kids at 9, 11, 13, etc. have a higher chance to final
- It makes it easier for people new to the age group to make finals!
- Because then you don't have to swim someone older than you
- It makes the meet slower
- Because it's the only single age meet
- More events = more rest
- Gives younger swimmers a chance
- If you are a younger age, it's easier

- Yes it makes it a more even playing field, gives all ages a better chance
- More chance at finaling
- More easy to final
- It does not give younger swimmers the chance to race older, faster competition
- Single age format is more fair for those of younger age
- The need consolations
- Yes, it give other swimmers chances to final
- Yes, it's helpful
- I like how 11 races 11 and 12 races 12 and it takes longer
- Easier for lower age
- I like it because you have a greater chance of finaling
- Yes, because there is more chance to swim again and get a best time.
- I was able to feel faster and got into finals when I did not expect to.
- I want to see me compared with ALL of 11-12
- It is cool
- Me no like

Coaches' Surveys

Question #1: Do you like the new single age format for Prelims and Finals?

24 Yes

5 No

2 No Opinion

- I feel like we need to make sure swimmers get best competition.
- For the mast majority of swimmers, I think this has been a good change. It helps sustain motivation. The more attainable times for the bottom year make JO's a more solid platform for continued advancement - they don't drop off every other year. And at the meet everyone has a chance for real distinction. The only swimmers who miss something this way are the best of the best, in their bottom year - they miss races that would have tested them more and maybe brought more out of them. But they'll get that at Far Westerns.
- I feel if a swimmer can compete & final in the upper end of the age - they should be able to.
- Don't see the point in doing this for one meet only.
- I prefer age groups, but like that it give more swimmers second swims.
- More opportunities for swimmers to have 2nd swims
- I like this OR an option of regular (11-12/13-14) age groups with a consolation final.
- Combined prelims (11-12)(13-14) etc. to make prelims more competitive.
- Great - good opportunity for bottom age group to get finals
- It provides opportunities for younger swimmers
- Gets more kids to the meet
- Helps swimmers that just age up not feel like they are starting over
- But, traditional age grouping for preliminaries and single age for finals. Best for ALL swimmers (as this meet was initially supposed to be)
- It gave the lower age groups a great chance to final
- Too many gaps in times
- Keeps more kids in the sport, encourages 11, 13 year olds
- Gives more kids a chance to score. Helps 11 & 13 year olds.
- More opportunities for 11 & 13
- However, due to the size of some heats, we could swim combined ages in prelims
- It allows more swimmers to compete at our Pac Swim Championship Meet

- Anything one can do to get more kids experience swimming finals is a good thing. Could maybe still be accompanied by running combined AG w/ consols and finals. Splitting venues helps as well. Allows for more of a team environment.

Officials' Surveys

Question #1: Do you like the new single age format for Prelims and Finals?

8 Yes

4 No

1 No Opinion

- Combine Events 11-12, 13-14, etc. for Prelims & Single Age for Finals
- Finals for younger kids, more kids can experience finals
- Finals OK - not prelims
- Mixed on new format, can see benefits to both, lots of events and transitions, did not fill all lanes, could have had more swimmers per page/need to look @ times; same single heat prelims made finals by showing up.
- Good idea to give more kids chance to place/qualify for finals
- I would like to see combined events for prelims and individual events for finals.
- Even playing field

Parents' Surveys

Question #1: Do you like the new single age format for Prelims and Finals?

38 Yes

10 No

4 No Opinion

- But medals should be handed out to 1st - 8th
- Gives kids better chance to place
- Better chance for "younger" swimmers of any age group
- Fairer for age groups
- 11-12 swimmer improvement is too fast for one group
- More equal
- Highlights the younger swimmers in the bottom of the age bracket
- The competition is even, swimmers only competing with their own age group and gives them a chance to perform better & also having different standard time.
- But recommend doing combined ages for prelims for better circle seeding competition. Love the single age finals.
- Prelims together (i.e. 11-12, 13-14), Finals single age
- Exposes more kids to the competition
- Especially for 11-12 age group because of the physical changes kids go through in this age group.
- Great for newer age ups
- Less confusing for both swimmers/parents and less discouraging for younger swimmers who have to compete against larger kids.
- Gives more confidence to younger swimmers
- Gives kids more incentive as they age up
- More motivating and fair
- Some events had very few swimmers due to the split
- I think it should be grouped (i.e. 11-12) as before
- More fair to younger ages
- I love this format giving 9, 11, 13 year olds a chance to medal.
- I think the prelims should be run by age range 11-12, 13-14, etc., then split up in finals.
- No longer excited to come to meet. No medals for 4-8. Will never be in top 3 but have a chance for top 8. No special reason for being here. Same as any other meet.

- Swimmers compete in their age
- More like a recreational format. Be nice to everyone. Not motivational to work hard and achieve.
- More closely to the strength
- I like only single age finals
- My son was a FW finalist at 10 and didn't have any JO's at 11 and so he quit swimming :(
- Makes it easier for kids who have just aged up to make finals.
- Discouraging because not seeing same format as Far Westerns

Swimmers' Surveys

Question #2: Do you think having preliminaries sessions about 4 hours is beneficial to the swimmers?

34 Yes

9 No

16 No Opinion

- It makes swimmers less tired for finals.
- IDK
- More rest, the only problem is getting home late at night.
- It gives swimmers more time to rest
- It's nice to go home. It was so spread out.
- The pacing is slower, and less hectic for the swimmers.
- It does not affect me
- Too long
- Too long
- Gives time to rest between events
- As long as there is a rest between finals
- Keeps it short
- Don't care
- More time to rest between
- It's short enough to give swimmers rest before the final
- It gives swimmers more time to rest
- Easier
- It's shorter
- Yes, then we get enough rest between events
- Gives swimmers enough rest
- It's good because finals start earlier
- Naps
- More time to rest
- It lets swimmers rest.
- 4 hours is a long time and resting time will be less
- Good amount of time between finals
- No, it's too long

- Maybe I think you should do prelims one day and finals the other
- Time for lunch
- Longer periods of rest = faster swims
- It gives them time to rest, EAT, sleep and then swim again.
- Sure!
- Me like

Coaches' Surveys

Question #2: Do you think having preliminaries sessions about 4 hours is beneficial to the swimmers?

22 Yes

7 No

2 No Opinion

- Too many events in the same age group were too close together
- Shorter prelims and longer break, but think finals should end as early as possible so kids can get sleep/rest and before it cools down at night.
- Seems like a normal length morning session
- Less
- The shorter the better. Days are lasting too long.
- Long prelims are never good.
- w/ the caveat that it could be longer especially if 15-16 group is added.
- Shorter the better!
- The event order needs to be reconsidered to be more favorable to 12&U. 100 and 200 Free should not be on the same day. 400 IM should not be at the end.
- But could be 5 hours with no problem
- It worked out very well with rest
- The longer the meet runs, the less interested the swimmers get in swimming.
- I'd like to be less, but no more than 4 for sure
- AG meets should prepare swimmers for Senior level competition (i.e. having an actual break between prelims/finals as they would at Sectionals, Juniors, etc.)

Officials' Surveys

Question #2: Do you think having preliminaries sessions about 4 hours is beneficial to the swimmers?

10 Yes

0 No

0 No Opinion

- 4-5 hours feels right, swimmers and meet management gets a long enough break prior to finals.
- More rest for mid-distance swimmer

Parents' Surveys

Question #2: Do you think having preliminaries sessions about 4 hours is beneficial to the swimmers?

40 Yes

6 No

5 No Opinion

- Limit to 4 hours so swimmers have energy to swim final
- 5 hours is okay
- Less tired
- Need the rest
- It gives swimmers a chance to review their strategies and rest, regenerate their body.
- Too big of a gap between prelims and finals that tired out both swimmers and parents.
- They get tired!
- It's good, it's not too long.
- Prelims on one day and finals the next day.
- Nice break
- Any longer makes it really rough to have energy on the last day = slow swimming
- Depending on events, esp. imp. for longer races
- Seems there is usually enough time between events

Swimmers' Surveys

Question #3: Do you like having relays during the Finals session?

26 Yes

14 No

19 No Opinion

- Takes up time
- We don't have that many swimmers
- Not doing relays
- Put relays at beginning of finals so you don't have to wait.
- Put them at the beginning of finals
- Our team didn't do any
- Too much
- Extra time, and doesn't help
- You can have lunch before relays
- Good team experience
- Good experience
- More fun
- I don't remember
- I wasn't in relays (unattached)
- Put them first though
- It ends up being too late for swimmers
- Ending a day with a relay is exciting
- You work as a team
- They give us rest, but are late at night
- It makes the meet unnecessarily long
- They make it a team bonding fun experience
- I don't do relays
- People who didn't make finals have to come back again for relays.
- Usually relays are a (sort of) waste of time and decrease resting time.
- They're fun
- Yes relays are fun
- You should have relays in prelims
- Yay

- Yes, because it is fun when it gets darker
- Would rather have in prelims because not everyone goes to finals
- It is fun doing them, feels like a reward after a hard day
- People who are in relays might not make finals and it's a pain to stay all day for a relay
- I HATE RELAYS!
- You rest

Coaches' Surveys

Question #3: Do you like having relays during the Finals session?

21 Yes

4 No

6 No Opinion

- Yes, timed finals only
- Relays at start of finals might be better
- It is not an issue at this competition, but # of relay entries should be limited or only A relays swim at final sessions
- Why not? If timeline is reasonable during finals
- There was only one heat so that makes it fine.
- Would like to see them right after trials
- Not for dual venue
- If we can deck enter them
- Lots of fun
- I just wish we could deck enter them like the good old days
- Could go either way. We will be doing relays again in a few weeks at Far Westerns.

Officials' Surveys

Question #3: Do you like having relays during the Finals session?

6 Yes

3 No

2 No Opinion

- Pointless
- Relays are a fun part of swimming where teams get to compete against each other, as well as swimmers working together with their team. All should be during finals.
- Not competitive

Parents' Surveys

Question #3: Do you like having relays during the Finals session?

27 Yes

9 No

15 No Opinion

- But maybe NOT on Sunday during school year
- PASA does not enter final.
- OK
- Better at the end of Prelims. More teams will participate then
- Relays are fun for the kids
- Finals - relays in finals are so tiring and end late
- Beginning of final
- Fun for kids
- Better at end of prelims for those who don't make finals.
- They should be at prelims so travelling families can leave if not qualified for finals.

Swimmers' Surveys

Question #4: Do you believe that pacing for swimmers was improved by having 3 full days for the meet?

37 Yes

9 No

12 No Opinion

- We have more rest
- There was more rest, so there was a higher chance of doing better
- We don't have to cram all of our events into 2 days
- It is better than having all of your events crammed into 2 days
- It is better because you have more time to rest.
- It was good for me
- 3 days is very tiring
- I'm not sure
- Events are more spaced out, giving swimmers more time to rest
- I do not think it makes a difference
- There are events that are evenly spaced out.
- Too long
- Too long
- Not a pace swimmer
- Spread out
- There should be a distance section so you aren't swimming the 400 IM and 1650 in one day.
- Need separate session for distance - mile and 400 IM not same day
- Having a 4th day may have tired swimmers
- Eh! Does not matter
- More rest
- Yes, so you aren't stressed
- Can do more events (also we can miss school)
- Much more space between events
- It wasn't as stressful and crowded.
- Can't really tell
- Yes

- Yes, the events were spaced out so you didn't stress
- Not so many events in 1 day
- I dropped seconds in my distance events
- But it might be confusing to a person who didn't go Friday when they already did an event out of order on Fri. and stuff.
- No it's too long
- It is helping me and others.

Coaches' Surveys

Question #4: Do you believe that pacing for swimmers was improved by having 3 full days for the meet?

28 Yes

3 No

1 No Opinion

- Keeping all kids together is important. We did not like the dual venue.
- JO's should be made whole again, or split into two meets. If it's 14&U AND we can have it at a pool that can run two courses for prelims, that should work - right? By splitting it in two, we rob the swimmers' performance of its significance: winning an event should make you Pacific champion - but it doesn't when half the LSC is at another meet.
- Again, some events were too close together
- Some events were too close together for some ages. Don't announce names in finals. Don't put 400 IM and mile on same day. Go 3-1/2 days so to spread out distance events.
- It give swimmers more rest, but events moved very quickly with little rest between.
- 11-12 still get very little rest between events
- However, if 3 full, continue to allow 3/day, max 9 swims or 2-1/2 days - 7 max events
- Made the timeline shorter
- But the event order was so bad, the help was minimal
- I love more swims - 9 worked out well!
- Way better!
- Probably yes for older swimmers, but no for younger swimmers
- Definitely helped timelines both in prelims and finals

Officials' Surveys

Question #4: Do you believe that pacing for swimmers was improved by having 3 full days for the meet?

6 Yes

3 No

1 No Opinion

- ? Thought JOs always was 3 days/2 venues.
- Choice of events is as important as full days.

Parents' Surveys

Question #4: Do you believe that pacing for swimmers was improved by having 3 full days for the meet?

40 Yes

7 No

4 No Opinion

- Swimmers can swim up to 9 events!
- Long days are difficult, especially in cold
- Four days during school is too much
- Missing school - not good
- But can be complicated for high school swimmers
- Yes, good this way
- They still are tired and now miss more school!
- Made for a longer weekend, but gave more rest overall
- Absolutely! But, should have done single venue if making it 3 full days.
- But it's a big deal to miss school Friday.
- Would prefer Sat/Sun to avoid taking kids out of school. But kids love to skip school on Friday. :)
- The schedule was nice. I like having finals start earlier, e.g. 4:00 Friday, 4:30 Sat.
- This is our first JO meet
- Missing school should be avoided = too stressful to makeup
- Spreads out events for kids
- 10 & Under don't have enough time from 100 Free to 100 IM

Swimmers' Surveys

Additional Comments

- If there is less than 10 swimmers, there should be no prelims for that event, but instead have time finals in the prelims.
- I don't like being in lane 1 or 10 when it is circle seeded because the heat is not even. I don't like circle seeding in general.
- I don't like circle seeding because you get seeding in heats that might be way faster than you and you get put in lane 1 or 10.
- I loved being able to go home and sleep in between preliminaries and finals.
- Change award medals - make new design each year. We need longer break before finals - not enough time to rest.
- The weather was nice
- It's really not easy to qualify for the JO, the swimmers that make finals should receive medals, not just the top 3
- 15-16 year olds should be allowed to compete in JO's because Far Westerns can be a bit of a stretch.
- I was very excited for this meet, and it was very fun.
- The new qualifications encourage swimmers to do better by having new and separate qualifying times.
- The heat and lanes were barely out before your event
- I don't like the weird psych sheet online. It was hard to read. Putting the 400 IM and mile almost back to back on the same day is NOT FUN.
- It was a fun meet and I enjoy the effort you guys made to make the meet better for us.
- Best meet EVER! Thank you :)
- Please don't have the 200 and the 100 free on the same day. Evenly space out events.
- I want you to have medals for 1st-8th place swimmers, 9th-16th ribbons
- Thanks for your consideration
- No finals for 400 IM, 500 Free and long distance races. Make finals earlier like 4:00 or 4:30 everyday.
- I love coming to the Junior Olympics, but it would've been nice if they left the 15-16 age group in. Much of my team is over 15 and I miss not having them around.
- Heat the pool more

Coaches' Surveys

Additional Comments

- Always keeping the competition at its finest, we should have kept all kids together
- Need to fill out events better. Now with no 15&U, one venue should be fine
- In the future, maybe don't have the 400 IM and 1650 on the same day (esp. Sunday)
- Carson City was a poor location choice, many teams were discouraged from attending. 100 & 200 Free should NOT be on the same day.
- Loved it!
- Any way we can promote the concept of more athletes participation in the Final session is good (keep things fun & teamy)
- While I understand the need for rest between distance/finals, Sunday's timeline of almost 4 hours between the end of prelims (not distance) and finals, makes for a late finals sessions, which is tough on teams who have long drives home. Also, having 15-16 in this meet would be good as there are not meets (T/F) at this level for 15-16 athletes and FW is a big jump from JO standards. The mile should be on Friday. Timeline should be shorter every day of the meet. This weekend was the opposite of that. Otherwise... Great meet!
- I do not think that we should change too much. With the split venue, I think a lot of qualifiers and teams simply decided to not participate. If everyone who qualified came, it would be different and possibly better.
- Would like to see 15 & Up included in the meet. And if they are included - they SHOULD receive awards.
- Finals should still be full age group; single age group finals allow the studs to monopolize finals slots
- Would like more consideration for distance swimmers and rest
- JOs SHOULD include older kids. We complain about losing swimmers, yet excluding them from championship meets contributes to that issue.
- I think this meet was ran really well. I really believe it should NOT be dual venue if we have single age group swims. Thanks so much!
- I would like the events on each day looked at and balanced. For example 9-10s have 3-5-4, why not 4-4-4 and why have 100 & 200 free on Sat. and 50 & 100 breast on Sunday - also medley relay is on Sat - so it's odd.
- If we swim 10 lanes in prelims, we should swim 10 in finals.
- Not sure if both the 1000 & 1650 are needed. We may consider only swimming the 1000 for 11-12 and 1650 for 13-14. Then you could use wording as "1650 swimmers should have either "Q" time of "x" in the 1000 or "y" in the 1650. This will give swimmers who

do not have an opportunity to swim the 1650 a "Q" time. I STRONGLY recommend that we have 2 finals heats per age group.

- I wish that meet included the 15-18 year olds. Since the alternate site (Carson City) only has 200 swimmers, more age groups could have been included.
- I am happy to see PC trying new things to improve AG experience. I would advocate for keeping the meet 14 & Under at a split venue, which both keeps the timelines reasonable and gives AG kids the experience they need to develop into Senior swimmers. We already have a higher level meet in FW; I am more than happy with slightly lower level meet if it means more swimmers are getting T/F experience and the meet is a more team-friendly environment. The more kids coming back in finals, the more excitement and teamy feel.

Officials' Surveys

Additional Comments

- I believe that one site would be more beneficial for everyone. Possibly @ a pool that can run (2) courses. The single age for finals worked well.
- Mixed view, still like combined age group, A & B final. I do like that it gives some swimmers a prelim/final experience when they are in their down year. Will need to look at times to fill out events if we stay with this format - too may open lanes. Either way!!

Parents' Surveys

Additional Comments

- Do NOT like the split venue. Should be at same location. In Bay Area. Travelling to Reno during winter is ridiculous.
- It is a very long meet - we came from Monterey so too late to stay for finals on Sunday.
- Please organize distance better - 400 IM before mile is a very bad idea
- I wish there were 4 events per day allowed
- AA time standards are stupid. Should be BB/A standards with multiple venues. Should be 3 venues - these are all the same kids at Far Westerns - what is the point?? PC is not developing/encouraging lower tier swimmers. We went to LC JOs this year and it was a much better and more inclusive meet.
- 400 IM should not be the event before the mile.
- The type of meet with the new single format age group is an awesome decision by the Pacific Swimming. I wish they will do this new single age format to Far Western competition.
- Please allow 15-16 year olds back into JO's. Provides good role models and continued motivation.
- It would be very beneficial to reinstate 15-Over JO's to help retain teenage swimmers!! Encourages motivation, goals, etc. Would really like to see that RETURN!!
- Too big of a gap between prelims and finals that tired out both swimmers and parents.
- We liked it as a family and for our kids.
- It was nice having the meet at TERA. The only drawback is when doing a dual venue meet, it needs to be split equally. 520 at one event and 230 at another has kids at the smaller venue getting medals when they wouldn't have even made finals in Concord. This does not live up to the Pacific Swimming standards that we expect. Concord was run extremely well, and we were very pleased with the event. Concord could have been a single venue event with trials, finals, and consols, and it would have been fine.
- New single-age format takes away a little bit of the competitive edge of swimmers. It was made easier to qualify, so the bar has been lowered.
- I think awards given 1-8 medals & 9-16 ribbons. It encourages swimmers and provides motivation for an award. Grouped age group as previous encouraged my swimmer more to try to qualify for JO's
- It's an achievement to be able to make it to JO & especially to the Final. The LEAST the kids who got into the finals is to give/award them a trophy to take home/school/community. The children & families sacrifice a lot to be able to make this achievement
- Excellent site for JO's

- Please don't have Friday events. Hard to pull kids out of school.
- Need better hospitality for timers. 0 water or snacks. At least water. Otherwise great meet.
- I have a 13 year old and what I found in this meet is that it would be good to have the 13-14 year olds compete with each other for time in prelims. If you want to separate then, do so in finals. Some of the 14 year old events had less than 10 boys in prelims.
- Other years this has been a premier meet for our younger kids. But now it is really no different than a regular meet. Swimming with same swimmers. No chance to medal, now only ribbons. Ok as a FW qualifier. At this age, awards are important to swimmers.
- Instead of having their own timer(s) and lap counter for the 500 free, provide that as part of volunteer hours because for swimmer who only come by themselves w/ only 1 adult. It's very hectic, chaotic and inconvenient for those individuals.
- Why not just give participation ribbons to everyone :(Will not longer participate with this format unless need a FW time. FW is AG 9-10, 11-12, etc., so what is the point of the new format? Might as well go to an AG meet.
- I noticed that only the 1st 3 finalists are awarded a medal while 4th-8th place winners receive ribbons. In my opinion, I think ALL 8 finalists should be awarded medals. The kids all work very hard to qualify for this meet and they should have a nice memento/ keepsake for the JO Meet. The medals shouldn't cost much, so please spend the money.
- Should have medals for all who get into finals as a motivation
- Thank you for always trying to make swimming better for the kids and community
- Thank you to TERA for doing a great job hosting :)
- This has been a well run meet, but I think it would be nice if medals were given for all 10 finalists. Rather than just top 3, & only ribbons for 4-8 & nothing for 9th & 10th place. The kids work really hard to be here and to make it to finals. Having a medal is a nice way to award their hard work.
- These kids that work real hard don't get medals 4th-8th place
- Warm-up lane is too crowded. Marshal was not saying anything. I wish swimmer who is not swimming has to stay out of water.