

**Pacific Swimming's Adam Szmidt Memorial LC Junior Olympic Championships**

**Hosted by Crow Canyon Sharks**

**July 11 – 13, 2014**

**URL for OME:** <http://ome.swimconnection.com/pc/CROW20140711>



**Teams Assigned to North Venue by Pacific Swimming:**

**Z2:** AAA, AIA, ALGA, BEAR, BSW, CAL, CROW, CSRM, DCC, DPST, EA, EBSD, ECG, HILL, MDD, MONT, NCAL, NWA, OAPB, ONDA, OTST, PST, RAM, SAIL, SRVL, TERA, TIGR, UN, VKNG, WCAB

**Z3:** BSST, CCSC, FBA, FINS, FOG, HSC, HVS, JCSC, KYSC, LCCC, LVA, MACS, MCSD, MLKB, MP, NBA, NVST, PCM, QUIK, RAYS, RHC, SD, SHSC, SON, SRN, SSS, STAR, TOC, UD, UN, VJO, WA, WCAN, WLL, YPAC

**Z4:** BST, CARS, DDST, LAKE, MLST, NNA, RENO, TAHO, UN

**SANCTION:** Held under USA/Pacific Swimming Sanction Number: **14-105**

*In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.*

**NOTICE:** By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

**USE OF AUDIO AND VIDEO:** Photography and video recording from behind the blocks or starting area is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets is not permitted in changing areas, rest rooms or locker rooms. Violations of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

**MEET OFFICIALS: HEAD REFEREE:** Debbi Tucker

**HEAD STARTER:** Leo Lin

**HEAD MARSHAL:** Naim Heddai

**ADMIN REFEREE:** Amy Gonzales

**MEET DIRECTOR:** Tom Meier – 925.389.1418 / [tsmeier@sbcglobal.net](mailto:tsmeier@sbcglobal.net)

**LOCATION:** Concord Community Pool, 3501 Cowell Rd, Concord. Hwy 680 north, take Treat Blvd. exit right onto Treat Blvd. Hwy 680 South, take Treat/Geary exit, left at end of ramp, left onto Treat Blvd. Turn left onto Cowell. Limited parking is available at the pool and an overflow parking at El Monte Elementary School behind the pool. (See attached map)

**COURSE:** Outdoor 50-meter competition pool with 9 lanes with electronic timing system. A separate warm-up area will be available. 8 lanes will be used for finals. The minimum water depth for the course is 5'0" at the start and turn ends, measured in accordance with Article 103.2.3. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.

**TIME:** Meet begins at 9:00 AM each day. The competition course will be open for warm-ups from 7:00 to 8:45 a.m. Finals will begin no sooner than 1 hour after the conclusion of trials. The exact time will be determined by the meet referee and announced as early as practical each day.

**RULES:** • Current USA and Pacific Swimming rules will govern this meet.

- Pacific swimming warm-up procedures will be in effect. A copy of these procedures will be posted at the Clerk of the Course.
- All individual events are trials and finals, except for the 800 & 1500 meter freestyle events.
- All relays are timed finals.
- **All coaches and deck officials must display their USA Swimming membership cards in a visible manner.**
- Swimmers may enter as many individual events as they are qualified for, but may only compete in up to three (3) events per day and a maximum of seven (7) individual events, plus relays for the entire meet.
- **JO's LC 2014 - BONUS EVENTS: Limited bonus events will be allowed as follows:**

<b>Swimmers with 1 qualifying time</b>	<b>2 bonus events allowed</b>
<b>Swimmers with 2 qualifying times</b>	<b>1 bonus event allowed</b>
<b>Swimmers with 3+ qualifying times</b>	<b>No bonus events allowed</b>

**Enter all Bonus events with your best LC time / No Bonus entries allowed for the 800/1500 Freestyle**

**SPECIAL RULES:** • 400 Free, 400 IM, 800 Free and 1500 Free – must provide own timer.

• **800/1500 Freestyles:** Check-in for the 800/1500 meters freestyles will close at 10:00 a.m. on the day of event. All 800/1500's will be timed finals and will swim fastest to slowest. Distance events will run as combined age groups but will be scored and awarded by age group. These events may swim with two swimmers per lane starting at opposing ends at the discretion of the Meet Referee and dependent upon the number of entries and the estimated timeline. Any break between end of prelims and beginning of the distance is at the discretion of the referee. **All swimmers in the 800 & 1500 meters freestyle must provide their own lap counters.**

• **15-16 & 17-18 Prelims:** 15-16 & 17-18 will be run as a combined event in Preliminary Heats. Finals will be held separately for 15-16 and 17-18 age groups.

• **RELAYS:** All relay entries must be received by the entry deadline (Wednesday, July 2, 2014) with the entry time listed and a check for relay entry fee. **Relays and Relay Only Swimmers may be entered Online by a Coach.** There will be no refunds for relays not swum. Any relay swimmer who is not entered in an individual event or is not listed on the "Relay Only Swimmers Entry List" will not be allowed to swim in a relay. Relay swimmers must swim in their appropriate age group (no "swimming up"). **No deck entered relays or relay swimmers. All relays will be swum as Timed Finals during the Finals session.**

**PROOF OF TIME:** Proof of time will be required for this meet per Pacific Swimming rule Section 4.C.2. All entry times will be verified against the USA Swimming SWIMS database. Entry times must have been achieved prior to the closing date of entries for the meet (July 2, 2014). If the time cannot be proven prior to the meet, the swimmer will not be allowed to check-in for the event until the entry time has been proven. When possible, the coaches will be notified of the swimmers who have not proven their entry time. No refunds will be given if a time cannot be proven.

**SEEDING:** Event seeding will be in the following order: conforming long course meters, non-conforming short course meters, and non-conforming short course yards - USA Swimming rules 207.12.7B. Preliminary heats will be swum fastest to slowest. **See Special Rules for distance events seeding.**

**UNACCOMPANIED SWIMMERS:** USAS athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USAS Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the swimmer's legal guardian to arrange for supervision by a USA Swimming member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USAS Club Member-Coach. The swimmer must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start the race in the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**RESTRICTIONS:** • Sale and use of alcoholic beverages and smoking and the use of other tobacco products is prohibited in all areas of the meet venue during the meet. Coaches, parents, siblings and officials may not use the pool.

• Glass containers of any kind are not allowed in pool area.

• All pets are prohibited in the pool deck area.

• Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.

**ELIGIBILITY:** • This meet is open to current members of the PACIFIC SWIMMING LSC only.

• Swimmers must be current members of USA-S and enter their name and Registration number on the 2014 Consolidated Entry Form. The meet host will check all swimmer registrations against the SWIMS database, and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.

• Swimmers must have met the Pacific Swimming Junior Olympic conforming long course meters or non-conforming short course meter or short course yard time standard for each event entered. **"No Time" entries will not be accepted.**

• Swimmers 19 years of age and over may participate in the 15-18 age group provided they have met the time standards for the 15-18 age group; they will not be eligible to swim in finals, or receive awards.

• Disabled swimmers are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding special accommodations on entry times and seeding per Pacific Swimming Policy.

• **All times must be achieved between January 1, 2013 and the entry deadline.**

**ENTRY FEES:** \$5.50 per individual event, \$10.00 participation fee per swimmer, and \$20.00 per Relay. \*\*Note, relay only swimmers ARE NOT required to pay the \$10.00 participation fee. All entry fees MUST be included with entry.

Make check payable to: **Crow Canyon Sharks** and mail with entries to:

**Tom Meier**  
**2490 Lunada Lane**  
**Alamo, CA 94507**

\*If sending via Express/Overnight Delivery....**WAIVE THE SIGNATURE**

**ENTRY OPTIONS:**

**Option 1: Online Meet Entries:** The Deadline is 11:59 pm, **Wednesday, July 2, 2014**. Enter online at: <http://ome.swimconnection.com/pc/crow20140711> to receive immediate confirmation of acceptance by email. **The "billing information" email should be brought to the meet as proof of entry.** Online entry requires payment by credit card using our secure site. The cost of using Online Meet Entries is \$1 per swimmer plus 5% of the total entry fees. Please note that the processing fee is a separate fee from the entry fees. Online meet entry fees are paid to Swim Connection, LLC. Fees collected by this system are completely voluntary. Online Meet Entry is in no way required or expected of a swimmer by Pacific Swimming.

**Option 2: Surface Mail Entries:** Entry forms must be completely filled out, including the conforming long course meters (JO time) or non-conforming short course yards (JO time) or short course meters time (JO time) for each event. All entry times shall be noted by LCM, SCY and SCM to the right of the entry time. Bonus events must be entered at your best long course standard and circled. Entries (individual & relay) and fees must be postmarked by midnight **Monday, June 30, 2014**. Entries (individual and relay) that are hand delivered or sent via an overnight delivery service will be accepted if they are received with appropriate fees no later than Wednesday, July 2, 2014 by 6:00 pm. **No late entries via mail, fax, email or phone will be accepted.** No refunds will be made.

**CHECK-IN:** The meet will be deck seeded. Swimmers must check-in at the Clerk of Course. Close of check-in for all events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. No event shall be closed more than 30 minutes before the scheduled start of the session. Swimmers who do not check-in will not be allowed to compete in the event. **Check-in for the 800/1500 meters freestyles will close at 10:00 a.m. on the day of event**

**SCRATCHES:** Pacific Swimming scratch rules will be enforced. A copy will be posted at the Clerk-of-Course.

Swimmers entered in an individual event in a Trials and Finals meet that is seeded on the deck who have checked in for that event, must swim in the event unless they notify the Clerk of the Course before seeding for that event has begun that they wish to scratch. Failure to swim an event will result in being barred from their next preliminary individual event in which the swimmer is entered on that day or the next meet day, whichever is first. If the swimmer qualified for a Final before missing an event they may swim that final.

Penalty for No-Show at Finals:

- a. Any swimmer qualifying for a Final race in an individual event who fails to show up in said Final race prior to calling the alternate shall be barred from the remainder of any final events for that day. Should the swimmer have no additional Final events for that day, they will be barred from their next preliminary event on the next day of the meet they are entered.
- b. If the No-Show occurs on the last day that the swimmer is entered in an individual event in the meet, and no other individual event penalty is applicable, the swimmer shall then be fined \$25.00. The fine will be increased to \$100 if after 30 days of receiving the letter notification the party has not made payment.

**SCORING:**

Place	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	4 <sup>th</sup>	5 <sup>th</sup>	6 <sup>th</sup>	7 <sup>th</sup>	8 <sup>th</sup>
Individual events	9	7	6	5	4	3	2	1
Relay events	18	14	12	10	8	6	4	2

**AWARDS:**

Individual Events: Medals 1<sup>st</sup> – 8<sup>th</sup>  
Relay Events: Medals 1<sup>st</sup> – 3<sup>rd</sup> (15/18 relays awarded as one age group)  
Team Awards: Distinctive Awards 1<sup>st</sup> – 3<sup>rd</sup>  
Individual High Point: Distinctive Award for each age group

**Awards must be picked up by the end of the meet on Sunday. Awards will not be mailed.**

**HOSPITALITY:** Lunch, dinner and refreshments will be provided for working officials and coaches. Snacks & beverages will be provided for timers throughout the meet.

**SNACK BAR:** A nutritious snack bar will be available during the meet.

**ADMISSION:** Admission is free. A three-day program will be available at a reasonable cost (includes finals sheets).

**MISCELLANEOUS:**

**COACHES:** Coaches will be allowed to set up canopies along the north side of the pool. Due to limited space, we ask that teams share their canopies with other coaches.

**TEAM/INDIVIDUAL SET-UP:** Camping/set-up in the posted/designated areas only. There will be no camping/set-up, chairs, tents, blankets allowed anywhere on the concrete within the pool facility. Bleachers will be provided for spectator viewing. **Absolutely no set-up will be allowed prior to 7:00 am on Friday, July 11<sup>th</sup>.**

**PARKING:** Public parking is very limited. Carpooling is encouraged. Do not park on side streets, in driveways and red zones. Cars will be ticketed and/or towed for illegal parking. **Limited, reserved parking for Coaches and working Officials will be available. Overnight and/or day use RV parking is not allowed!**

**HOTEL INFORMATION:** Included with this meet sheet.

**2014 Pacific Swimming LC Junior Olympics Event List**

<b>Friday, July 11th</b>		
Girls Event #	Event Age Group & Description	Boys Event #
1	15-18 200 IM	2
3	10-Un 100 Free	4
5	13-14 200 Free	6
7	11-12 200 Fly	8
9	15-18 100 Free	10
11	10-Un 100 Fly	12
13	13-14 100 Fly	14
15	11-12 100 Breast	16
17	15-18 100 Breast	18
19	10-Un 50 Back	20
21	11-12 50 Free	22
23	13-14 200 Back	24
25	15-18 200 Back	26
27	11-12 200 Back	28
29	10-Un 400 Free	30
31	13-14 400 Free	32
33	11-12 400 Free	34
201	<b>*15-18 800 Free</b>	202
35	11-12 400 Free Relay	36
37	13-14 400 Free Relay	38
39	15-18 400 Free Relay	40

<b>Saturday, July 12th</b>		
Girls Event #	Event Age Group & Description	Boys Event #
41	11-12 200 Free	42
43	10-Un 200 Free	44
45	13-14 200 IM	46
47	15-18 200 Fly	48
49	11-12 100 Fly	50
51	13-14 100 Free	52
53	10-Un 50 Fly	54
55	15-18 50 Free	56
57	11-12 50 Breast	58
59	10-Un 50 Breast	60
61	13-14 200 Breast	62
63	15-18 200 Breast	64
65	11-12 100 Back	66
67	13-14 100 Back	68
69	10-Un 100 Back	70
71	11-12 400 IM	72
73	15-18 400 Free	74
	<b>*11-14 800 Free</b>	204
205	<b>**11-18 1500 Free</b>	
75	10-Un 200 Medley Relay	76
77	11-12 200 Medley Relay	78
79	13-14 200 Medley Relay	80
81	15-18 200 Medley Relay	82

<b>Sunday, July 13th</b>		
Girls Event #	Event Age Group & Description	Boys Event #
83	11-12 200 IM	84
85	10-Un 200 IM	86
87	15-18 200 Free	88
89	11-12 100 Free	90
91	13-14 200 Fly	92
93	15-18 100 Fly	94
95	10-Un 100 Breast	96
97	11-12 200 Breast	98
99	13-14 100 Breast	100
101	15-18 100 Back	102
103	11-12 50 Back	104
105	13-14 50 Free	106
107	10-Un 50 Free	108
109	11-12 50 Fly	110
111	15-18 400 IM	112
113	13-14 400 IM	114
203	<b>*11-14 800 Free</b>	
	<b>*11-18 1500 Free</b>	206
115	10 & Un 200 Free Relay	116
117	11-12 200 Free Relay	118
119	13-14 200 Free Relay	120
121	15-18 200 Free Relay	122

**See Special Rules for Distance Events**

**\*Combined age group event**

**\*\* Event 204 11-14 Boys 800 Freestyle will swim before event 205 11-18 Girls 1500 Freestyle**

**All Relays will swim at the conclusion of finals**

Time standards are located on the PC website: <http://www.pacswim.org/userfiles/cms/documents/551/times14.pdf>

**INDIVIDUAL CONSOLIDATED ENTRY FORM**  
**2014 Pacific Swimming LC Junior Olympics – North Meet**  
**July 11-13, 2014**

To be accepted, all entry information must be completely filled out

Last Name		First Name		MI
LSC CODE (PC)	Club Abbr:	Club Name:		
Age	Age Group	Gender M F	Date of Birth:	<b>USA-S Registration Number</b>
Event #	Distance/Stroke	<b>Entry Time</b> LCM, SCY, SCM	* <b>PROOF OF TIME:</b> Proof of time is required per Pacific Swimming rule Section 4.C.2.	
			<p><b>Swimmer must have met the <u>listed</u> Junior Olympic - Pacific Swimming time standard in any course for each event entered.</b></p> <p>All entry times will be verified against the USA Swimming SWIMS database. If the time cannot be proven prior to the meet, the swimmer will not be allowed to check-in for the event until the entry time has been proven.</p> <p>Mark all entry times as LCM (long course meters), SCY (short course yards) or SCM (short course meters) to the right of your entry time.</p> <p>Enter Bonus events at your best LC time. Circle bonus event entry times.</p>	
Swimmer's Coach:		Total Entries _____ x \$5.50		\$
Swimmer's Address:		Participation Fee:		\$10.00
Email Contact:		Total:		
Phone Contact:		<i>Checks Payable to Crow Canyon Sharks</i>		\$

Mailed entries must be postmarked by Mon. July 2, 2014. Hand Entries must be delivered to the Meet Director by 6:00 pm on Wed. July 2, 2014.

Tom Meier  
2490 Lunada Lane  
Alamo, CA 94507

Late Entries will not be accepted. No faxed entries. Entry Check must be enclosed.

**Relay Events and Relay Only Swimmers are entered by COACHES ONLY**

**2014 Pacific Swimming LC Junior Olympics North Team Relay Entry Form**

<b>Team Name:</b>		<b>Team Abbr:</b>	
<b>Coach:</b>	<b>Phone:</b>	<b>Email:</b>	
<b># of Relays entered:</b> _____	<b>X \$20 per relay</b>	<b>Total: \$</b>	

<b>Friday, July 11</b>				
<b>Event #</b>	<b>Event</b>	<b>Team Entry Time</b>		
		<b>A</b>	<b>B</b>	<b>C</b>
<b>35</b>	<b>11-12 Girls 400 Free Relay</b>			
<b>36</b>	<b>11-12 Boys 400 Free Relay</b>			
<b>37</b>	<b>13-14 Girls 400 Free Relay</b>			
<b>38</b>	<b>13-14 Boys 400 Free Relay</b>			
<b>39</b>	<b>15-18 Girls 400 Free Relay</b>			
<b>40</b>	<b>15-18 Boys 400 Free Relay</b>			

<b>Saturday, July 12</b>				
<b>Event #</b>	<b>Event</b>	<b>Team Entry Time</b>		
		<b>A</b>	<b>B</b>	<b>C</b>
<b>75</b>	<b>10&amp;un Girls 200 Medley Relay</b>			
<b>76</b>	<b>10&amp;un Boys 200 Medley Relay</b>			
<b>77</b>	<b>11-12 Girls 200 Medley Relay</b>			
<b>78</b>	<b>11-12 Boys 200 Medley Relay</b>			
<b>79</b>	<b>13-14 Girls 200 Medley Relay</b>			
<b>80</b>	<b>13-14 Boys 200 Medley Relay</b>			
<b>81</b>	<b>15-18 Girls 200 Medley Relay</b>			
<b>82</b>	<b>15-18 Boys 200 Medley Relay</b>			

<b>Sunday, July 13</b>				
<b>Event #</b>	<b>Event</b>	<b>Team Entry Time</b>		
		<b>A</b>	<b>B</b>	<b>C</b>
<b>115</b>	<b>10&amp;un Girls 200 Free Relay</b>			
<b>116</b>	<b>10&amp;un Boys 200 Free Relay</b>			
<b>117</b>	<b>11-12 Girls 200 Free Relay</b>			
<b>118</b>	<b>11-12 Boys 200 Free Relay</b>			
<b>119</b>	<b>13-14 Girls 200 Free Relay</b>			
<b>120</b>	<b>13-14 Boys 200 Free Relay</b>			
<b>121</b>	<b>15-18 Girls 200 Free Relay</b>			
<b>122</b>	<b>15-18 Boys 200 Free Relay</b>			

**All Relay Entry times must be in Long Course Meters (LCM)  
Late entries will not be accepted. No faxed entries. Team Check must be enclosed.**







COMMUNITY & RECREATION SERVICES

## Concord Community Pool Swim Meet / Event Parking

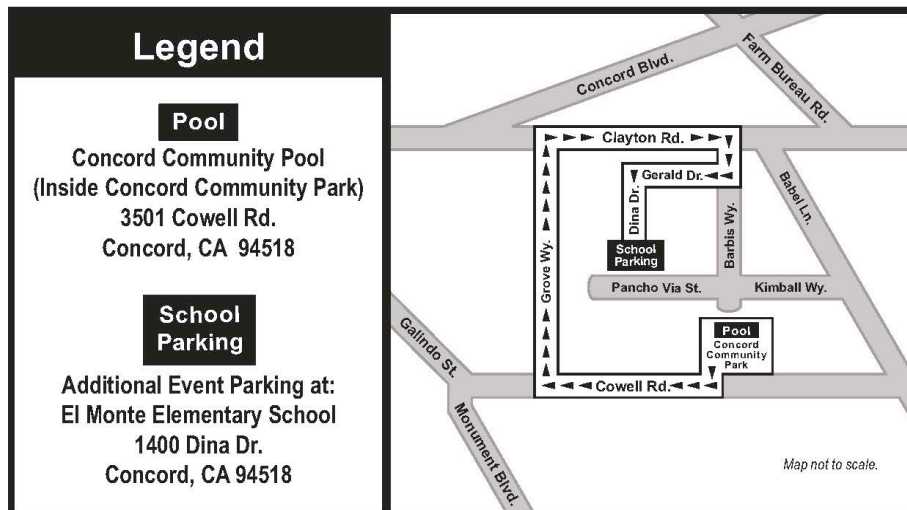
### Parking Instructions:

Thank you for visiting Concord Community Pool. If you are among the first to arrive for a swim meet, we ask that you...

1. Use the El Monte Elementary School blacktop first. This will free up much needed space in front of the pool, help accommodate more families, create less congestion on Cowell Rd, and help keep good relations with our surrounding neighbors. ***\*El Monte is approximately 100 yards from the back of the pool. To get there please follow the map below.***
2. Once the El Monte blacktop is full of cars, then utilize the designated spaces in front of the pool. Be courteous and use only one space. All regular parking rules will apply (i.e. red zones, handicap parking, etc.).
3. If both #1 and #2 are full, then use Cowell Rd. to park. ***\*Please do not park in front of neighborhood homes. Use only as a last resort.***

***\*Anyone parking illegally will be cited and/or towed at owner's expense.***

We hope you enjoy your time at Concord Community Pool!



### Directions to El Monte (from Concord Community Pool):

1. Turn right on to Cowell Rd.
2. Turn right on to Grove Rd.
3. Turn right on to Clayton Rd.
4. Turn right on to Barbis (Big-O Tires is on the corner)
5. Turn right on to Gerald
6. Turn left on to Dina. El Monte is straight ahead (1400 Dina Dr.) Proceed through the gates and go to the left to get behind the buildings, and on to the blacktop. There is an access gate from the blacktop to the park. Follow the path to the back of the pool.

## Hotel Recommendations

### **Embassy Suites**

1345 Treat Blvd. Walnut Creek 94597

5.5 miles / 10 minutes from Cowell Pool

For Reservations call (925) 934-2500 or 1-800-498-7397 by 6/10/14

Please mention Summer Junior Olympic Rate (Group Code CCS):

King \$132 / Double \$142 (includes breakfast)

- Daily Full Cooked to Order breakfast
- Evening Manager's reception
- BART is located across the street
- All rooms are 2 room suites
- All-suite property featuring a bedroom, living room, sofa bed, two televisions, wet bar, refrigerator and microwave

Embassy Suites Summer Junior Olympics Reservation Link:

<http://embassysuites.hilton.com/en/es/groups/personalized/S/SFOPHES-CCS-20140710/index.ihhtml>

### **Hyatt House**

2611 Contra Costa Blvd, Pleasant Hill, 94523

4 miles/ 10 minutes to Cowell Pool

For Reservations, call (925) 934-3343

Please mention Summer Junior Olympic Rate:

\$139 (1 bdr King suite) or \$189 (2 bdr King suite), both include breakfast

Hyatt house Pleasant Hill is located in the heart of downtown Pleasant Hill

- 2.9 miles from downtown Walnut Creek, 3 miles from downtown Concord and 4 miles from the Concord Community Pool off of Cowell.
- We are within walking distance to Crescent Plaza
- Hyatt house Pleasant Hill is an all-suite hotel, with our accommodations being more of an apartment style of comfort.
- Our rates include a complimentary breakfast daily – available from 6:30-9:30am Monday – Friday & 7:00-10:00am Saturday & Sunday.
- Complimentary Wi-Fi through the hotel and guest rooms, complimentary parking, use of the fitness center, outdoor sports court, and access to the coin operated laundry.

Hyatt House Summer Junior Olympics Reservation Link: <http://pleasanthill.house.hyatt.com/oakxhsumj2014.html>

### **Crowne Plaza Hotel**

45 John Glenn Drive, Concord, CA 94520

3 miles or 6-8 minutes to Cowell Pool

For Reservations, call (925) 825-7700 or 1-877-834-3613

Please mention Summer Junior Olympic Rate:

\$95 or \$119 with breakfast

Free Parking and internet, Refrigerator/ Microwave at no charge (subject to availability) Indoor pool/Jacuzzi, Two Queens/ Non Smoking

Crowne Plaza Summer Junior Olympics Reservation Link without our breakfast:

[https://www.ihg.com/crowneplaza/hotels/us/en/reservation/book?qAAR=6CBARC&qAdlt=1&qBrs=6c.hi.ex.rs.ic.cp.in.sb.cw.cv&qChld=0&qCiD=10&qCiMy=062014&qCoD=13&qCoMy=062014&qDest=45+John+Glenn+Drive+Concord+California+United+States&qFRA=1&qGRM=0&qGrpCd=CCS&qHtlC=CCRJG&qIta=99801505&qPSt=0&qRRSrt=rt&qRms=1&qRpn=1&qRpp=10&qRtP=6CBARC&qSHp=1&qSIH=CCRJG&qSmP=3&qSrt=sBR&qWch=0&srb\\_u=1&method=redirect&icdv=99801505](https://www.ihg.com/crowneplaza/hotels/us/en/reservation/book?qAAR=6CBARC&qAdlt=1&qBrs=6c.hi.ex.rs.ic.cp.in.sb.cw.cv&qChld=0&qCiD=10&qCiMy=062014&qCoD=13&qCoMy=062014&qDest=45+John+Glenn+Drive+Concord+California+United+States&qFRA=1&qGRM=0&qGrpCd=CCS&qHtlC=CCRJG&qIta=99801505&qPSt=0&qRRSrt=rt&qRms=1&qRpn=1&qRpp=10&qRtP=6CBARC&qSHp=1&qSIH=CCRJG&qSmP=3&qSrt=sBR&qWch=0&srb_u=1&method=redirect&icdv=99801505)

Crowne Plaza Summer Junior Olympics Reservation Link with breakfast:

[https://www.crowneplaza.com/hotels/us/en/reservation/book?qAAR=6CBARC&qAdlt=1&qBrs=6c.hi.ex.rs.ic.cp.in.sb.cw.cv&qChld=0&qCiD=10&qCiMy=062014&qCoD=13&qCoMy=062014&qDest=45+John+Glenn+Drive+Concord+California+United+States&qFRA=1&qGRM=0&qGrpCd=CCB&qHtlC=CCRJG&qIta=99801505&qPSt=0&qRRSrt=rt&qRms=1&qRpn=1&qRpp=10&qRtP=6CBARC&qSHp=1&qSIH=CCRJG&qSmP=3&qSrt=sBR&qWch=0&srb\\_u=1&method=redirect&icdv=99801505](https://www.crowneplaza.com/hotels/us/en/reservation/book?qAAR=6CBARC&qAdlt=1&qBrs=6c.hi.ex.rs.ic.cp.in.sb.cw.cv&qChld=0&qCiD=10&qCiMy=062014&qCoD=13&qCoMy=062014&qDest=45+John+Glenn+Drive+Concord+California+United+States&qFRA=1&qGRM=0&qGrpCd=CCB&qHtlC=CCRJG&qIta=99801505&qPSt=0&qRRSrt=rt&qRms=1&qRpn=1&qRpp=10&qRtP=6CBARC&qSHp=1&qSIH=CCRJG&qSmP=3&qSrt=sBR&qWch=0&srb_u=1&method=redirect&icdv=99801505)

### **Courtyard Marriott**

2250 Contra Costa Blvd, Pleasant Hill, 94523

4 miles or 10 minutes to Cowell Pool

For Reservations, call (925) 691-1444 or 1-800-321-2211 by 6/19/14

Please mention Summer Junior Olympic Rate:

\$119 King Suite or 2 Queens

Stay at the newly renovated Courtyard Pleasant Hill Hotel and enjoy our new state-of-the-art lobby, providing great flexibility and choices for our guests and offers spaces to work or relax in, free Wi-Fi throughout and easy access to the latest news and weather conditions via a GoBoard™. Enjoy our new lobby experience, The Bistro–Eat. Drink. Connect.®, which provides guests with healthy food and drinks offerings in the morning including Starbucks® coffee and evening dinner service with cocktails.

Courtyard Marriott Summer Junior Olympics Reservation Link:

[http://www.marriott.com/meeting-event-hotels/group-corporate-travel/groupCorp.mi?resLinkIdData=Summer%20Junior%20Olympics%5EOAKCP%60CCSCSA%60119.00%60%60false%607/10/14%607/13/14%606/19/14&app=resvlink&stop\\_mobi=yes](http://www.marriott.com/meeting-event-hotels/group-corporate-travel/groupCorp.mi?resLinkIdData=Summer%20Junior%20Olympics%5EOAKCP%60CCSCSA%60119.00%60%60false%607/10/14%607/13/14%606/19/14&app=resvlink&stop_mobi=yes)

### **Residence Inn Marriott**

700 Ellinwood Way, Pleasant Hill, 94523

4 miles or 10-12 minutes to Cowell Pool

For Reservations, call (925) 689-1010 by 6/12/14

Please mention Summer Junior Olympic Rate

\$139 includes hot breakfast

During your stay, enjoy many great local restaurants or relax in a nearby day spa. We're also near John Muir Medical Center, Verizon and Shell HQ. Back at our Concord hotel, you can unwind by the pool, exercise at the fitness center or cook your own steak on the outdoor grill. In your suite, spread out in separate living and sleeping areas, curl up in front of the fireplace or cook in the fully equipped kitchen.

Residence Inn Summer Junior Olympics Reservation Link:

[http://www.marriott.com/meeting-event-hotels/group-corporate-travel/groupCorp.mi?resLinkIdData=Summer%20Junior%20Olympics%5EOAKPH%60sjosjoa%60139.00%60USD%60false%607/10/14%607/13/14%606/12/14&app=resvlink&stop\\_mobi=yes](http://www.marriott.com/meeting-event-hotels/group-corporate-travel/groupCorp.mi?resLinkIdData=Summer%20Junior%20Olympics%5EOAKPH%60sjosjoa%60139.00%60USD%60false%607/10/14%607/13/14%606/12/14&app=resvlink&stop_mobi=yes)

### **Renaissance Sport Club**

2805 Jones Road, Walnut Creek

5 miles or 10-12 minutes to Cowell Pool

For Reservations, call (925) 938-8700 or Marriott reservations 800-468-3571 by 6/11/14

Please mention Summer Junior Olympic Rate:

\$129 standard room (includes breakfast)

- Renaissance ClubSport in Walnut Creek is an affordable four-diamond hotel conveniently located across the street from Pleasant Hill/Contra Costa Centre Bart Station, 5 miles away from the Concord Community Pool off of Cowell and less than 2 miles away from Downtown Walnut Creek.
- Overnight guests have complimentary Wi-Fi in the guestrooms and complimentary access to our 85,000 sq. ft. fitness facility, which includes an outdoor aquatic center with three pools, group exercise classes, NBA-Regulation basketball court, volleyball, racquetball, bocce ball, steam room and dry sauna. Relax and enjoy our Onsite Day Spa, full service Restaurant, Bar & Deli.
- For a limited time only, make your reservations for the Summer JO's Swim Meet and receive a special discounted rate at \$129 per night (including breakfast).

**Renaissance Club Sport Junior Olympics Reservation Link:**

[http://www.marriott.com/meeting-event-hotels/group-corporate-travel/groupCorp.mi?resLinkIdData=Summer%20Junior%20Olympics%20Swim%5Eoakbr%60sjosjoa%6012900%60USD%60false%607/10/14%607/13/14%606/11/14&app=resvlink&stop\\_mobi=yes](http://www.marriott.com/meeting-event-hotels/group-corporate-travel/groupCorp.mi?resLinkIdData=Summer%20Junior%20Olympics%20Swim%5Eoakbr%60sjosjoa%6012900%60USD%60false%607/10/14%607/13/14%606/11/14&app=resvlink&stop_mobi=yes)

**Concord Hilton**

1970 Diamond Blvd. Concord

3.3 miles/ 8 -10 minutes from Cowell Pool

For Reservations call (925) 827-2000 or 1-800-826-2644 by 6/27/14

Please mention Summer Junior Olympic Rate:

\$95 (without breakfast) or \$133 (with breakfast for up to 4)

2 double beds

Concord Hilton Summer Junior Olympics Reservation Links:

[http://www.hilton.com/en/hi/groups/personalized/C/CONCHHF-SJB-20140710/index.jhtml?WT.mc\\_id=POG](http://www.hilton.com/en/hi/groups/personalized/C/CONCHHF-SJB-20140710/index.jhtml?WT.mc_id=POG)

Group Name: Summer Junior Olympics (Breakfast)

Group Code: SJB

[http://www.hilton.com/en/hi/groups/personalized/C/CONCHHF-SJO-20140710/index.jhtml?WT.mc\\_id=POG](http://www.hilton.com/en/hi/groups/personalized/C/CONCHHF-SJO-20140710/index.jhtml?WT.mc_id=POG)

Group Name: Summer Junior Olympics (No Breakfast)

Group Code: SJO