

**SANCTION:** Held under USA/Pacific Swimming Sanction No. **17-133**

*In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.*

**NOTICE:** By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. **The results of this meet may be posted in real time on the Internet at <http://cruzswimming.org>**

**USE OF AUDIO AND VISUAL:** Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

**OFFICIALS:**

<i>Meet Referee:</i>	<b>Brett Shaug</b>	<i>Head Starter:</i>	<b>John Abe</b>
<i>Meet Marshal:</i>	<b>Josh Shanks</b>	<i>Admin Official:</i>	<b>George Feltovich</b>
<i>Meet Director:</i>	<b>Bill Norris; <a href="mailto:cruz.meetdirector@gmail.com">cruz.meetdirector@gmail.com</a>, 650-303-2921</b>		

**LOCATION:** Watsonville High School, 380 Lincoln Street, Watsonville, CA

**DIRECTIONS:** Map for parking and pool location can be found at <http://cruzswimming.org>. From US Highway 101 (either from north or south) take Chittenden Road (CA 129) west towards Watsonville. From CA 1 (either from north or south) take Riverside Drive (CA 129) east towards Watsonville. From either direction turn north onto Lincoln Street, athletic fields will be on your right. Turn first right onto Wildcatz Way, pool entrance and drop-off will be on your right. Parking will be at the end of Wildcatz way under solar installations.

**COURSE:** Outdoor pool with up to 10 lanes available for competition. An additional 4 lanes will be available for warm-up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is **7'0"** at the start end and **7'0"** at the turn end. The competition course has not been certified in accordance with 104.2.2C(4).

**TIME:** Both Morning and Afternoon sessions are targeted to complete in 3 hours.

**MORNING SESSION (11-12 Girls and All 13 & Over Athletes):** Meet begins at 9:00 AM; Warm-Up is from 7:30 – 8:45 AM

**AFTERNOON SESSION (11-12 Boys and All 10 & Under Athletes):** Afternoon Session will begin 45 minutes after Morning Session finishes, but not before 12:30 PM. Session B Warm-Ups will begin immediately after Session A finishes at approximately 12:00 PM. Warmup lanes for 8 and under athletes will be offered and allocated by deck officials.

**RULES:**

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- All events are timed finals.
- All events will swim fast to slow.
- Athletes may compete in a **maximum of 3** events per day.
- Distance events, 400 IM, 1000 Free and 500 Free (Events 25, 26, 55, 56, 57, 59, 60, 86, 116) will be limited to two (2) heats each.
- Timers will be provided for 400 IM Freestyle events. Athletes must provide their own timers and lap-counters for 500 FREE and 1000 FREE events.
- All 25 yard events will start at the north end of the pool without starting blocks while timers remain in place at the south side of the pool.
- All athletes ages 12 and under should complete competition within four (4) hours.
- Entries will be accepted until the number of splashes exceeds the estimated time line, per the "Four-Hour Rule," based on the athletes age and gender.
- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- **All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.**

**UNACCOMPANIED ATHLETES:** Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the athlete or the athlete's legal guardian to arrange for supervision by a USA-S member-coach. The Meet Director or Meet Referee may assist the athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA-S Club Member-Coach.

**RACING STARTS:** Athletes must be certified by a USA-S member-coach as being proficient in performing a racing start, or must start the race in the water. It is the responsibility of the athlete or the athlete's legal guardian to ensure compliance with this requirement.

**RESTRICTIONS:**

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by athletes, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters must be properly secured.
- Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- **PLEASE DO NOT BRING YOUR DOGS TO THIS MEET.** No animals are allowed in any area of the meet venue (which includes the parking lots) except service animals wearing a service animal vest and actually working to assist a disabled person. Even service animals who are not behaving properly (barking, jumping and the like) will be asked to leave the meet venue.
- **For safety and accessibility reasons the entire pool deck must be cleared of non-coach tents, chairs, blankets, etc. All setup is intended to be located on the basketball courts between the pool and the football field.**

**ELIGIBILITY:**

- Athletes must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the athlete with the registration and times database. The meet host will check all athlete registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- Athletes in the "A" Division must have met at least the listed "PC-A" time standard. Athletes in the "B" Division must have met at least the listed "PC-B" time standard. All entry times slower than the listed "PC-B" time standard will be in the "C" Division.
- Entry times submitted for this meet may be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Disabled athletes are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- Athletes 19 years of age and over may compete in the meet for time only, no awards. Such athletes must have met standards for the 17-18 age group.
- The athlete's age will be the age of the athlete on the first day of the meet.

**ENTRY PRIORITY:** Zone 1 South (Z1S) and Lakeridge Swim Team (LAKE) entries postmarked by **Monday, September 25, 2017** or entered online by 11:59 p.m. **Monday, September 25, 2017** will be given priority acceptance. All entries from Zone 1 South, all other Pacific LSC zones, and other LSC's either postmarked by **Monday, October 2, 2017**, entered online by 11:59 p.m. **Wednesday, October 4**, or hand delivered by 5:00 p.m. **Wednesday, October 4, 2017** will be considered in the order that they were received or until meet cap is reached.

**Santa Cruz Swimming**  
**PACIFIC SWIMMING SHORT COURSE AGO**  
**October 14-15, 2017**

**ENTRY FEES:** \$4.00 per event plus an \$8.00 participation fee per athlete. Entries will be rejected if payment is not sent at time of request. No refunds will be made, except scratch downs.

**ONLINE ENTRIES:** To enter online go to <http://ome.swimconnection.com/pc/CRUZ20171014> to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection, LLC charges a processing fee for this service, equal to \$1 per athlete plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. **Entering online is a convenience, is completely voluntary, and is in no way required or expected of an athlete by Pacific Swimming.** Online entries will be accepted through Wednesday, **October 4, 2017.**

**MAILED OR HAND DELIVERED ENTRIES:** Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with athlete's best time. Entries must be postmarked by midnight, Monday, **October 2, 2017** or hand delivered by 5:00 p.m. Wednesday, **October 4, 2017.** No late entries will be accepted. Requests for confirmation of receipt of entries should include a self-addressed envelope.

**Make check payable to: Santa Cruz Swimming**

**Mail entries to: Bill Norris**  
**Swim Meet Entries**  
**P.O. Box 1616**  
**Soquel, CA 95073**

**Hand deliver entries to: Bill Norris**  
*Leave at Front Desk of Business*  
**345 Encinal Street**  
**Santa Cruz, CA 95073**

**CHECK-IN:** The meet will be deck seeded. Athletes must check-in at the Clerk-of-Course. No event shall be closed more than 30 minutes before the scheduled start of the session. Close of check-in for all individual events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. Athletes who do not check in will not be seeded and will not be allowed to compete in that event.

**SCRATCHES:** Any athletes not reporting for or competing in an individual timed final event that they have checked in for shall not be penalized.

**AWARDS:** Awards will be given to top 8 finishers in the following age groups in each division (C, B, A): 8&u, 9-10, 11-12, 13-14, 15-16 and 17-18 age groups. "A" medals will be awarded to athletes achieving a new USA-S "A" time regardless of place achieved in event. No awards will be given to athletes age 19 years or older. All Individual awards must be picked up at the meet. No awards will be mailed or distributed after the meet.

**ADMISSION:** Free.

**SNACK BAR & HOSPITALITY:** A snack bar will be available throughout the competition. Coaches and working deck officials will be provided lunch. Hospitality will serve refreshments to timers and volunteers.

**MISCELLANEOUS:** No overnight parking is allowed. Facilities will not be provided after meet hours.

**Event Summary**

SATURDAY				SUNDAY			
8 & UN	9-10	11-12	13-18	8 & UN	9-10	11-12	13-18
200 FREE	200 FREE	200 FREE	200 FREE	25 FREE	100 FLY	400 IM	400 IM
50 FLY	50 FLY	100 BREAST	100 BREAST	100 FLY	50 BREAST	50 BREAST	100 FLY
100 BREAST	100 BREAST	200 FLY	200 FLY	50 BREAST	100 FREE	100 FLY	100 FREE
25 BREAST	50 FREE	50 FLY	200 IM	25 BACK	50 BACK	100 FREE	200 BACK
25 FLY	100 BACK	200 IM	100 BACK	100 FREE	100 IM	200 BACK	50 FREE
50 FREE	500 FREE	50 FREE	G 1000 Fr	50 BACK		50 BACK	200 BREAST
100 BACK		100 BACK		100 IM		100 IM	B 1000 Fr
		G 1000 Fr				200 BREAST	
						B 1000 Fr	

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SATURDAY OCTOBER 14, 2017		
MORNING SESSION		
GIRLS	WARM-UP 7:30-8:45	BOYS
EVENT #	EVENT	EVENT #
1	11 – 12 200 FREE	
3	13 & O 200 FREE	4
5	11 - 12 100 BREAST	
7	13 & O 100 BREAST	8
9	11 – 12 200 FLY	
11	13 & O 200 FLY	12
13	11 - 12 50 FLY	
15	13 & O 200 IM	16
17	11-12 200 IM	
19	11 & 12 50 FREE	
21	13 & O 100 BACK	22
23	11 - 12 100 BACK	
25	11 & O Girls 1000 Free	

SUNDAY OCTOBER 15, 2017		
MORNING SESSION		
GIRLS	WARM-UP 7:30-8:45	BOYS
EVENT #	EVENT	EVENT #
57	11 – 12 400 IM	
59	13 & O 400 IM	60
61	11 & 12 50 BREAST	
63	13 & O 100 FLY	64
65	11 & 12 100 FLY	
67	13 & O 100 FREE	68
69	11 & 12 100 FREE	
71	13 & O 200 BACK	72
73	11 & 12 200 BACK	
75	11 & 12 50 BACK	
77	13 & O 50 FREE	78
79	11 & 12 100 IM	
81	13 & O 200 BREAST	82
83	11 & 12 200 BREAST	

AFTERNOON SESSION		
SESSION BEGINS NO EARLIER THAN 12:30		
	11 - 12 200 FREE	28
29	10 & U 200 FREE	30
	11 - 12 50 FLY	32
33	10 & U 50 FLY	34
	11 - 12 100 BREAST	36
37	10 & U 100 BREAST	38
	11 & 12 200 IM	40
41	8 & U 25 BREAST	42
	11 – 12 100 BACK	44
45	10 & U 100 BACK	46
	11 - 12 50 FREE	48
49	10 & U 50 FREE	50
	11 – 12 200 FLY	52
53	8 & U 25 FLY	54
55	9 - 10 500 FREE	56

AFTERNOON SESSION		
SESSION BEGINS NO EARLIER THAN 12:30		
	11 & O Boys 1000 Free	86
	11 - 12 100 IM	88
89	8 & U 25 FREE	90
	11 – 12 200 BREAST	92
93	10 & U 100 IM	94
	11 - 12 100 FLY	96
97	10 & U 100 FLY	98
	11 - 12 50 BREAST	100
101	10 & U 50 BREAST	102
	11 - 12 200 BACK	104
105	8 & U 25 BACK	106
	11 - 12 100 FREE	108
109	10 & U 100 FREE	110
	11 - 12 50 BACK	112
113	10 & U 50 BACK	114
	11 – 12 400 IM	116

- All 25 yard events will start at the north end of the pool without starting blocks while timers remain in place at the south side of the pool.
- Timers will be provided for 400 IM Freestyle events. Athletes must provide their own timers and lap-counters for 500 FREE and 1000 FREE events.

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Pacific Swimming – Hosted by Santa Cruz Swimming Short Course AGO October 14 – 15, 2017 Consolidated Entry Form													
Name: Last,                      First                      Middle													
Club Abbr.			UNATT TEAM ABBR				Club Name						
Age			Date of Birth				Sex M    F		LSC – (PC, SN)				
USA-#													
Event #	Distance / Stroke					Entry Time			Circle one				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
# of entries _____ x \$4.00 = \$ _____ Participation Fee        \$ 8.00 Total                        \$ _____													
Coach													
Athlete's Address													
Home Phone							Cell Phone						
Email													